

# Knight Writer

Knights Of Columbus  
Saint Elizabeth Council 10743  
Elizabethton TN

January, 2012  
<http://www.kofc10743.org>

The Council business meeting was held on January 4. The next meeting is scheduled for Wednesday, February. 1 following the 6:30 PM Mass.

For new members were approved for admission to our Council. They are: Brother Tom Sheely, Mr. George Loper, Mr. William Roger Georgia, and Mr. Arnold A. Wyatt. The recruiters, Ed Yarwood and Mike King, will be recognized with medallions of Blessed John Paul II. The next First Degree Exemplification, at our Council, is scheduled for 3PM on Saturday, Jan. 14.

The Round Table in Unicoi is now meeting on the third Wednesday of the month. The round table is composed of ten Knights, three, soon to be seven, members from our Council, four members from other councils in the area.

Dues are now past due. Notices were sent out in December; so far 38 brothers have sent in their dues. Any members who have not paid are strongly encouraged to respond to Financial Secretary, Manny Bandarra as soon as possible and, please include your Fraternal Activity form.

Our Council provided a Christmas basket to a needy family with four children from Harold McCormick Elementary School. Special thanks to the Batchelder family for shopping and donating presents for the family. The Council provide up to \$200 in groceries.

The Council recognized St. Elizabeth's altar servers with the traditional \$25 gift certificates and chocolate bars.

This Lent our Council will sponsor a Forty Day Lenten Food Drive. We are going to ask the Parish to help us by donating one item of non-perishable food for each day of Lent. The food will be given to ARM and Food for The Multitude.

Our community Director and MR Chairman, Bob Peoples, is investigating submitting a request for a \$5000.00 grant to the TN MR Board of Directors to establishes a satellite facility run by Northeast Regional Hearing and Speech Center for the intellectual disable that are also hearing impaired in the Elizabethton/ Carter, Johnson, and Unicoi Counties. The facility would be use at least twice a week to increase their communications skills. Dr. Paul is working with Bob to determine if Sycamore Shoals Hospital may have a room that could be used for this project. Bob is also working with the Special Education Department at Westside Elementary School in Elizabethton to obtain a new washer and dryer from our share of this year's MR money collected in November. The membership voted to approve Bob's two projects.

## **Upcoming Events:**

- Jan. 14, 3PM: First Degree at St. Elizabeth's.
- Jan. 18, 7PM: Round Table in Unicoi at the Apple Town Bagel Restaurant, 105 Rock Creek Rd Erwin.
- Jan. 24, 5PM: Fourth Degree Memorial Mass at St. Mary's.
- Jan. 25, 7PM: Fourth Degree Assembly Meeting at St. Elizabeth's.
- Feb. 01, 7:15PM Council business meeting.
- Feb. 15, 7PM: Round Table in Unicoi at the Apple Town Bagel Restaurant, 105 Rock Creek Rd Erwin.
- Feb. 22, Ash Wednesday; Lent begins.

## **Prayer Request:**

Please pray for: Bill & Linda Hull, Irene Persinger, Herschel Ray, Bernie & Beryl Cowan, Cathay Watson, James Batchelder, Betty Miller, Roger Winters, Evelyn B. Brower (deceased) and Elmer Kenyon, DGK of Abingdon (deceased).

### **January Birthdays - Happy Birthday to:**

Hugh Buckles, Jan 1<sup>st</sup>  
Leonard Whitehead, Jan 5<sup>th</sup>  
Bill Hull, Jan 10<sup>th</sup>  
Fr. Dennis Kress, Jan 13<sup>th</sup>  
Dan Paul, Jan 31<sup>st</sup>

### **January Anniversaries – Happy Anniversary to:**

Austin & Peggy Abell Jan 2

(If I left your birthday or anniversary off this month's Knight Writer I apologize. I also have anniversaries dates for the following:

-Ed & Linda Yarwood  
-Tim & Carla Harmon  
-Mike & Marsha Hupko  
-Tom & Wanda Manning  
-Leroy & Agnes Policky,  
-Manny & Donna Bandarra  
-Dean & Shirley Batchelder  
-Mike & Delores King  
-Jim & Mary Stapleton  
-John & Mary Luongo

If you are not on the above list I would like to have your Anniversary date (please include the year you were married). If you don't want it published in the Knight Writer, tell me and I will not put in. Thanks, Tom Manning.)

### **Need a Name Badge?**

Any member needing a Knights of Columbus, Council 10743, name badge should call Manny Bandarra at 423-542-6575. Badges are about \$7.50. You can also order a badge for your wife for about \$3.00. We should wear our name badges to Mass and all other Knight's activities.

### **For Your Health:**

#### **FIGHTING CATARACTS**

As people live longer, eye doctors expect to see more cataracts, a vision impairing condition in which the lens of the eye becomes thicker, less flexible and clouded. According to the American Academy of Ophthalmology, 70 percent of people develop cataracts by 75. The National Eye Institute recommends these steps to prevent them:

- Wear sunglasses and a wide-brimmed hat to protect eyes from UV damage.
- Don't smoke.
- Eat Antioxidant-rich green leafy vegetables.
- Get a comprehensive eye exam every two years if you're 60 or older.

Surprisingly, some cholesterol-lowering drugs may help, too. A large study at Tel Aviv University found that taking a statin drug cut cataract risk by 38 percent in men and 18 percent in women, that's to the medication's anti-inflammatory properties.

The above article is from (The American) Legion Magazine, February 2011 pg 16.

## **Record Breaking Streak Extends To Eleven Years**



The Knights of Columbus is truly a remarkable, one-of-a-kind organization, and our insurance program continues to show its strength and stability in spite of economic turmoil. In fact, 2011 marked the eleventh consecutive year of growth in many categories. This accomplishment illustrates the faith our members have in the products and services we offer to protect their families.

Consider the following 2011 achievements.

- During 2011, the Order issued more life insurance than ever before in our history: \$7.9 billion.
- Our total insurance in force reached a new high of \$83.5 billion. To put this remarkable number in perspective, consider that at the end of 2000, we stood at \$40.4 billion.
- The Order introduced a new disability income insurance product in April. Called Income Armor, this addition to our portfolio is designed in the spirit of Father Michael J. McGivney, and can provide a steady stream of income in the event of a long-term injury or illness.
- We finished the year with more field agents serving our members than ever before. Still, as our membership continues to grow, new agent candidates are always in demand across the U.S. and Canada. The ultimate goal is to have all of our members served by a dedicated, full-time agent, and, if you know someone who may be interested in becoming an agent, please [contact us](#).
- The Order's assets under management reached a new high, exceeding \$18 billion.
- During 2011, we celebrated four exceptional months that were in the "best ever" category. Records were set in May, August, October and November.
- Nearly 20,000 new retirement annuities were issued to our members and their families in 2011.
- Our A++ (Superior) rating from A.M. Best was reaffirmed and there continues to be no more highly rated life insurer in North America.
- As the costs of long-term care continue to rise, members and their spouses continue to turn to the Knights of Columbus to help them prepare for this expense. Our agents can show you how this product can protect the assets you've worked so hard to accumulate.
- Our number of associate members becoming insured members continued to grow, showing more of our brothers availed themselves to our products. We hope this trend continues and that more members understand the value of owning our products.

Take pride in the success your organization is having in fulfilling the vision of Father McGivney by caring for the financial security of our members and their families. Remember, today is a great day to meet your agent to discuss coverage or review the policies you already have with us. If you don't know who he is, please visit [www.kofc.org](http://www.kofc.org) and click on "Find an Agent." You'll be glad you did.

For more information on our Orders insurance programs contact General Agent, Daniel Schachle at: Office: 615-441-8588 Cell: 423-991-2044 Fax 615-446-7299; E-mail [daniel.schachle@koc.org](mailto:daniel.schachle@koc.org); Mail PO Box 1348 Dickson, TN 37056. Don't delay!

## **THOUGHTS:**

**CHARITY is sharing God's gift with the world.** (Be rich in good works... ~ 1 Timothy 6:18)

**UNITY is the cornerstone.** (Did you never read in the Scriptures, "The stone which the builders rejected, this became the chief corner stone; this came about from the LORD, and it is marvelous in our eyes"? ~ Matthew 21:42)

**FRATERNITY is avoiding 'cannots'.** (Kind words bring life, but cruel words crush your spirit. ~ Proverbs 15: 4)

**PATRIOTISM is praying for our nation.** (*If my people, upon whom my name has been pronounced, humble themselves and pray, and seek my presence and turn from their evil ways, I will hear them from heaven and pardon their sins and revive their land.* ~ 2 Chronicles 7:14)

**"The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart". – Helen Keller, Author, activist and lecture.**

Vivat Jesus,  
Tom Manning